



CERTIFICATION PREPARATION TRAINING PROGRAMS

The SAFE Group Exercise Leader Primary Training provides instructor candidates with the information outlined in the ESA Primary Certification Examination Objectives. Specialty certification training programs prepare instructors for certification in the corresponding discipline. The certification examination is administered by the Exercise Safety Association and not by the STAR AMERICA trainer. The certification examination fee is included in the training fee; however the examination is completed by the instructor candidate independent of the trainer and training program.

LOCATION:

Inspired Fitness & Health,
211 N. Perkins Rd, Stillwater, OK 73075

QUESTIONS, DETAILS, REGISTRATION

CONTACT: Marsha Sobonya 425-891-1293

Saturday, May 3, 2014 - SAFE Group Exercise Leader (primary) 10:00am - 6:00pm
(.6 CEC)

Sunday, May 4, 2014 - Personal Trainer (specialty) 1:00pm - 6:00pm
(.6 CEC)

LOCATION:

Inner Diva Studios
150 N Locust Grove Suite 103,
Meridian, ID 83642

QUESTIONS, DETAILS, REGISTRATION

CONTACT: Marsha Sobonya 425-891-1293

Saturday, May 31, 2014 - Group Exercise Leader (primary) 10:00am - 6:00pm
(.6 CEC)